



# Practice Conflict Resolution and Alternatives to Violence

## An AVP workshop includes:

- Exercises, games, discussions and reflections inviting us into growing awareness about our reactions to conflict situations and own inner power to transcend violence in its many forms.
- Opportunities to develop tools to heal conflict throughout our community.

To be offered on Zoom  
August 16, 18, 23 5:00 PM – 9:00 PM  
August 25 3:00 PM – 9:00 PM

This workshop provides the first level of the **Alternatives to Violence Project (AVP)**, a learning program that enables participants to deal with conflict situations in creative ways. AVP was developed in 1975 at Green Haven Prison in New York. It has been used in schools, prisons and youth groups in 35 US states and over 45 countries. The workshops draw on the shared experiences of participants, using interactive exercises, games and role-plays, rather than a lecture format.

*Open to all, free will contribution*  
*To register, email [AVPRI21@gmail.com](mailto:AVPRI21@gmail.com) or call*  
*(401) 400 1478*  
*OFFERED BY AVPRI*