



ATTENTION AVP Facilitators

We invite you facilitators to participate in our 18 hour AVP Addictions Workshop held on Zoom. We are using the experiential forum of AVP to explore the skills and techniques that may be helpful with addressing addiction, when it arises as a topic in an AVP workshop. Since this is a pilot workshop, we hope it will establish the foundation for future workshops on addiction. The organic nature of AVP Advanced workshops affords the chance to engage, explore, inform, and safely address this pivotal social/personal issue in a transformative manner for all involved.

We will use the standard session format, with various exercises in breakout rooms.

Some of the content and topics are:

- *Exploring the space for Transforming Power between addiction and recovery*
- *Using the building blocks of AVP (centered on communication and community) to move from denial to awareness*
- *Using somatic practices to regulate the emotional quicksand we experience*
- *Addressing conflict in the context of addiction*
- *Joining in our commonality of worth and struggles for healing*

Dates/Times: Fridays 6:30 pm—9:30 pm (EDT-New York); January 7, 14, & 21, 2022
Saturdays 11:00 am—2:00 pm (EDT-New York); January 8, 15, & 22, 2022

Our Team: Affectionate Anne Wallace-DiGarbo Kinder Kelz Watts
Composting Christina Bellamy Curious Kevin King

To register, please contact Kinder Kelz (thousandwatts64@gmail.com)

Suggested donation is \$50, but any amount is acceptable. To donate, go to [AVP USA donations](#), select a specific fund - the Annual Gathering Scholarships; check Tribute Gift, and make the honoree: AVP Addictions Workshop.