



# Alternatives to Violence Project

ANTELOPE VALLEY  
and



Antelope Valley Partners for Health

Community Collaborative Promoting Health and Wellness

a 501(c)(3) nonprofit organization

\*PREREQUISITES: BASIC & ADVANCED

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## AVP VIRTUAL **T4F** WORKSHOP #05

**Fri, Nov 12, 5:00pm-8:00pm, PST**

**Sat, Nov 13, 8:00am-5:00pm, PST**

**Sun, Nov 14, 8:00am-5:00pm, PST**

Pacific **Standard** Time Begins **Nov 7** — Turn Clocks **Backward** 1 Hour

▶ Attendance at this Virtual Workshop is via Zoom. Details will be provided. ◀

**Participants need to complete all 5 sessions to receive a Certificate of Completion.**

### *Peaceful Relationships*

We all seek them...and yet conflict is a natural and inevitable part of everyday life.

- Destructive conflict can start with disappointments, irritations and frustrations.
- Unresolved conflict is one of the roots of violence.
- It is possible to learn new ways of handling differences.

AVP workshops are for everyone seeking harmony, whether in their work, family, community relationships, or all of these.

#### PRE-REGISTRATION IS REQUIRED\*

**Must be able to access ZOOM with audio and video.**

\***Register** by Email at [avpav@aol.com](mailto:avpav@aol.com). Include:

- Name, Address, Phone #, Previous Workshops (if any...w/s type, when, where)
- Write **TRAINING FOR FACILITATORS WORKSHOP #05** in the email subject line.

\*PREREQUISITES: BASIC & ADVANCED

\$ \_\_\_\_\_ Amount Paying (Sliding Scale \$25-\$50)

Make Workshop Payments at: [www.avpav.org](http://www.avpav.org)  
using **Credit Card** or **PayPal**

Info: Diana Couch 661-942-3025, [avpav@aol.com](mailto:avpav@aol.com) Federal Tax ID # 47-0957404

