



# Alternatives to Violence Project

ANTELOPE VALLEY

and **AVPH**  
 Antelope Valley Partners for Health  
 Community Collaborative Promoting Health and Wellness  
 a 501(c)(3) nonprofit organization

*Present an...*

## AVP VIRTUAL **BASIC WORKSHOP #16**

Sat, Sep 17, 8:00am-5:00pm, PDT  
 Sun, Sep 18, 8:00am-5:00pm, PDT

**\*PREREQUISITES: NONE**

▶ Virtual Workshop is via Zoom. Details will be provided. ◀ » [ • Lunch Break (you provide) • ]

**Participants need to complete all 4 sessions to receive a Certificate of Completion.**

### *Peaceful Relationships*

We all seek them...and yet conflict is a natural and inevitable part of everyday life.

- Destructive conflict can start with disappointments, irritations and frustrations.
- Unresolved conflict is one of the roots of violence.
- It is possible to learn new ways of handling differences.

AVP workshops are for everyone seeking harmony, whether in their work, family, community relationships, or all of these.

#### **REGISTRATION IS REQUIRED\***

***Must be able to access ZOOM with audio and video.***

\***Register** by Email at [avpav@aol.com](mailto:avpav@aol.com). Include:

- Name, Address, Phone #, Previous Workshops (*if any...w/s type, when, where*)
- Write **BASIC WORKSHOP #16** in the email subject line.

**\*PREREQUISITES: NONE**

\$ \_\_\_\_\_ Amount Paying (Sliding Scale \$25-\$50)

Make Workshop Payments at: [www.avpav.org](http://www.avpav.org)  
 using **Credit Card** or **PayPal**

Info: Diana Couch 661-942-3025, [avpav@aol.com](mailto:avpav@aol.com) Federal Tax ID # 47-0957404

